

Colleen Warmingham



Colleen Warmingham is the owner of Minimologist, LLC. She works one-on-one with her clients, creating a safe place for them to work through life's transitions. Whether joyful or painful, intentional or unplanned, all transitions bring challenges. When she's done, her clients have an efficient home or office and a comfortable life.

In addition to client sessions, Colleen conducts workshops focusing on finding practical ways to overcome common obstacles to getting organized. Attendees leave her workshops energized and confident in working with their unique talents. She is also a contributor to the Valley Ledger (www.TheValleyLedger.com). Each article addresses a different aspect of simple living in the Lehigh Valley.

Colleen graduated from Moravian College with a B.A. in History. She finds that studying history was the perfect foundation for organizing. After all, history teaches us to understand cause and effect in our lives; a critical step in understanding how we relate to our space and how our space affects how we live and work. After college, Colleen worked as a consultant, instructor, project manager, and even tour guide before launching her organizing business.

In 2006, Minimologist, LLC (then Space Inventors) successfully passed the screening process to become the third professional organizer in the nation to be certified as a sustainable business by Green America. Also in 2006, Colleen became a Certified FreedomFiler consultant, elevating her expertise as a paper organizing professional.

Colleen has served as the Director of Professional Development for the Greater Philadelphia Chapter of the National Association of Professional Organizers (NAPO). She also served on the Board of Directors for the Lehigh Valley affiliate of the National Alliance on Mental Illness (NAMI).

She has presented workshops at the NAPO San Francisco regional conference, the Philadelphia and Pittsburgh NAPO chapters, Excelon Energy, KingSpry law firm, and Philadelphia Yearly Meeting of the Religious Society of Friends, and numerous community organizations.

Media appearances include *Life Lessons* on WFMZ, *Take Charge of Your Life* on WDIY, Smart Homeowner magazine, and several interviews in the Morning Call.

In the years she's been creating efficient homes and offices, Colleen has noticed that an organizing session is never really about the stuff. It's about her clients' goals and dreams and hopes and wishes. It's about the changes they want to make in the world and in their lives. It's about minimizing the obstacles, and focusing on the essentials.